



# **HUMAN SERVICES RESOURCE GUIDE**

**~2022~**

A list of services that are available to the  
residents of Bourne, Massachusetts

**CAPE COD/REGIONAL**  
**HEALTH AND HUMAN SERVICES HOTLINES**

Cape Cod & Islands Emergency Services Hotline.....	1-833-229-2683
Elder Abuse Hotline.....	1-800-922-2275
Child Abuse/Neglect Hotline.....	1-800-792-5200
Baby Safe Haven Hotline.....	1-866-814-7233
Disabled Persons Protection Commission Hotline.....	1-800-426-9009
Domestic Violence Hotline.....	1-877-785-2020
Veterans Crisis Hotline.....	1-800-273-8255, Press 1
MA Substance Abuse Helpline.....	1-800-327-5050
Alcohol and Drug Abuse Hotline.....	1-800-252-6465
Parental Stress Line.....	1-800-632-8188
Samaritans of Cape Cod.....	1-800-893-9900
Regional Poison Control Center.....	1-800-222-1222
Eversource Electric.....	1-800-592-2000
National Grid Gas/Electric.....	1-800-548-8000

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[www.johndoblephotography.com](http://www.johndoblephotography.com)

# **HUMAN SERVICES RESOURCE GUIDE**

This resource guide was compiled in the Fall of 2021 by the  
Human Services Committee of the Town of Bourne, MA  
Sixth Edition

*Any updates to this edition will be found on our website:  
<https://www.townofbourne.com/human-services-committee>*

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54. Independence House, Inc.
55. Massachusetts 211
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58. Massachusetts Commission for the Deaf and Hard of Hearing
59. Massachusetts Department of Developmental Services
60. Mass Hire- Cape and Islands Career Center
61. NAMI of Cape Cod and the Islands, Inc. (National Alliance on Mental Illness)
62. New England Region of Narcotics Anonymous
63. Parents Helping Parents
64. Salvation Army- Hyannis Corps
65. Salvation Army- Massachusetts Division
66. Shaw Fund for Mariners' Children
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70. South Coastal Counties Legal Services, Inc.
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**NAME OF AGENCY:** **A Baby Center**

**ADDRESS:** 81 Willow Ave.  
Hyannis, MA 02601

**MAILING ADDRESS:** 320 Main Street  
(If different) Hyannis, MA 02601

**TELEPHONE NUMBER:** 508-771-8157

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** ababycentercapecod@gmail.com

**WEBSITE:** www.ababycenter.org

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** A Baby Center provides at no charge, critical basic items for infants and toddlers up to the age of 4 who live on Cape Cod and the Islands and whose families meet WIC financial Aid guidelines. In addition they provide parenting support programs, nutritional guidance and private consultations. Sponsored by Cape Cod Council of Churches.

**NAME OF AGENCY:** **AIDS Support Group of Cape Cod**

**ADDRESS:** 428 South Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-1954

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-778-4501

**E-MAIL ADDRESS:**

**WEBSITE:** [www.asgcc.org](http://www.asgcc.org)

**DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:**

Our mission is to provide direct and supportive services to people living with HIV and AIDS on Cape Cod with the goal of maintaining and enhancing the quality of their lives. We also provide health education and prevention information to the residents of Barnstable County. Our services are consumer driven and family-centered, however family is defined. All services of the AIDS Support Group are free of charge. The following services are available: Case Management, Transportation, Nutrition, Housing, and Harm Reduction.

**NAME OF AGENCY:** **Al-Anon/Alateen Info Service**

**ADDRESS:** 57 East Main Street Suite 109  
Westborough, MA 01581

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-366-0556

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** LDcofma@aol.com

**WEBSITE:** [www.alanonma.org](http://www.alanonma.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Al-Anon and Alateen help families and friends of alcoholics (whose drinking bothers us.) There are meetings on Cape Cod. All Al-Anon literature is available at the Westborough office.

**NAME OF AGENCY:** **Alzheimer's Family Support Center**

**ADDRESS:** 2095 Main St  
Brewster, MA 02631

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-896-5170

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:**

**WEBSITE:** [www.alzheimerscapecod.org](http://www.alzheimerscapecod.org)

**DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:**

The AFSC is a non-profit organization that provides psychosocial educational supports to families, professionals and individuals living with Alzheimer's and other dementia-related diseases. Services include support groups, consultations, care planning, phone support, education, insurance support, and social and cultural programming. The AFSC is committed to providing support through every stage of dementia-related illness, not only for family caregivers and professionals but for people living with cognitive disease, from pre-diagnosis to bereavement and all of life that happens in between.

NAME OF AGENCY: **Barnstable County 4-H**

ADDRESS:

MAILING ADDRESS: P.O. Box 367  
(If different) Barnstable, MA 02630

TELEPHONE NUMBER: 508-375-6696

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: sandi.shepherdgay@barnstablecounty.org

WEBSITE: [www.capecodextension.org/4H/](http://www.capecodextension.org/4H/)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Dedicated to providing a positive, hands on learning experience which builds character, develops life skills and enables youths to become self-directing, productive members of society. Volunteers/Mentors Programs for military families. For youths ages 5-18

NAME OF AGENCY: **Barnstable County Human Rights Advisory Commission**

ADDRESS: 3195 Main Street  
Barnstable, MA 02630

MAILING ADDRESS: P.O. Box 427  
(If different) Barnstable, MA 02630

TELEPHONE NUMBER: 508-375-6611

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [susan.quinones@barnstablecounty.org](mailto:susan.quinones@barnstablecounty.org)

WEBSITE: [www.barnstablecountyhrac.org](http://www.barnstablecountyhrac.org)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: The BCHRAC investigates and mediates complaints of discrimination and provides outreach and education on human rights issues for Barnstable County.

**NAME OF AGENCY:** **Barnstable County Human Services**

**ADDRESS:** 3195 Main Street  
Barnstable, MA 02630

**MAILING ADDRESS:** P.O. Box 427  
(If different) Barnstable, MA 02630

**TELEPHONE NUMBER:** 508-375-6628

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [humanservices@barnstablecounty.org](mailto:humanservices@barnstablecounty.org)

**WEBSITE:** [www.bchumanservices.net](http://www.bchumanservices.net)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The mission of the Human Services Department is to plan, develop, and implement programs which enhance the overall delivery of human services to the residents of Barnstable County.

NAME OF AGENCY: **Big Brothers Big Sisters of Cape Cod and the Islands**

ADDRESS: 684 Main Street, Suite 3  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-771-5150

TOLL FREE NUMBER:

FAX NUMBER: 508-771-0046

E-MAIL ADDRESS:

WEBSITE: [www.emassbig.org/cape-cod/](http://www.emassbig.org/cape-cod/)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Our mission is to promote healthy development of children through nurturing one-on-one friendships with caring responsible adults, supported by trained professional staff. This service is free for children 7-12 years old and services at risk children in need of a positive role model.

NAME OF AGENCY:

**Birthright**

ADDRESS:

320 Gifford Street  
Falmouth, MA 02540

MAILING ADDRESS:

(If different)

TELEPHONE NUMBER:

508-457-0680

TOLL FREE NUMBER:

1-800-550-4900 (Hotline)

FAX NUMBER:

E-MAIL ADDRESS:

info@birthright.org

WEBSITE:

www.birthright.org/falmouth

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

Provides support to girls and women facing an unplanned pregnancy. Services are free and confidential and include: pregnancy testing, prenatal information, maternity and baby clothes, housing referrals, social agency referrals, adoption information, information on other community services and medical referrals.

**NAME OF AGENCY:** **Bourne Council on Aging**

**ADDRESS:** 239 Main Street  
Buzzards Bay, MA 02532

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-759-0600 ext. 5300

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-759-0655

**E-MAIL ADDRESS:**

**WEBSITE:** [www.townofbourne.com/council-on-aging](http://www.townofbourne.com/council-on-aging)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Older adults (age 60 & over): Transportation for medical and shopping (must be a Bourne resident), information and referral, case management, educational, recreational, and wellness programs, Fuel Assistance, SHINE (health insurance counseling), SNAP (Food Stamps), and support groups.  
Bourne residents (age 60 & under): Transportation for people with disabilities, information and referral to social services, Fuel Assistance, SNAP, housing info/referral  
  
Bourne's Veteran's Agent is available on Wednesdays and can be reached by calling 508-759-0600 Ext. 5240

**NAME OF AGENCY:** **Bourne Friends Food Pantry**

**ADDRESS:** 20 Commerce Park Rd.  
Pocasset, MA 02559

**MAILING ADDRESS:** P.O. Box 144  
(If different) Buzzards Bay, MA 02532

**TELEPHONE NUMBER:** 508-759-3351

**TOLL FREE NUMBER:**

**FAX NUMBER:** 774-355-1196

**E-MAIL ADDRESS:** pantrycoordinator@yahoo.com

**WEBSITE:** [www.friendsofbournecoa.org](http://www.friendsofbournecoa.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Our mission is to provide families in the town of Bourne with adequate nutrition. The Bourne Friends Food Pantry is a choice pantry - the families choose their food which is equivalent to a week's worth of groceries. We deliver to elderly and disabled residents and provide assistance with SNAP (food stamp) applications. Open Tuesdays 9am - 12 noon or call if in immediate need.

NAME OF AGENCY: **Bourne Housing Authority**

ADDRESS: 871 Shore Road  
Pocasset, MA 02559

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-563-7485

TOLL FREE NUMBER:

FAX NUMBER: 508-564-7531

E-MAIL ADDRESS: [info@bournehousing.org](mailto:info@bournehousing.org)

WEBSITE: [www.bournehousing.org](http://www.bournehousing.org)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

The Bourne Housing Authority provides housing to people of low income. Our units consist of housing for the elderly, disabled (including 1, 2, and 3 bedroom wheelchair accessible units) and 2 and 3 bedroom family units. In addition we have a Section 8 and MRVP rental assistance program.

NAME OF AGENCY: **Bourne Recreation Department**

ADDRESS: 239 Main Street  
Buzzards Bay, MA 02532

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-759-0600 ext: 5302

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [kcaron@townofbourne.com](mailto:kcaron@townofbourne.com)

WEBSITE: [www.bournerec.com](http://www.bournerec.com)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: The Recreation Department offers quality, affordable programs for residents of all ages, primarily focusing on children's activities and family events. The department is also responsible for the scheduling of the Bourne Community Building and all outdoor recreational areas within the town.

**NAME OF AGENCY:** **Bourne United Methodist Church**

**ADDRESS:** 37 Sandwich Rd.  
Bourne, MA 02532

**MAILING ADDRESS:** P.O. Box 3037  
(If different) Bourne, MA 02532

**TELEPHONE NUMBER:** 508-759-4898

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [bumcsecretary37@gmail.com](mailto:bumcsecretary37@gmail.com)

**WEBSITE:** [www.bournecataumetparish.org](http://www.bournecataumetparish.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Limited assistance with food and utilities. Thrift Store open Monday, Wednesday, Friday, Saturday 10am – 3pm. Free children’s clothing exchange, 10am – 12pm, first Saturday of every month. Thrift Store Phone: 508-759-1853

**NAME OF AGENCY:** **Boys and Girls Club of Cape Cod**

**ADDRESS:** 31 Frank E. Hicks Dr.  
Mashpee, MA 02649

**MAILING ADDRESS:** P.O. Box 895  
(If different) Mashpee, MA 02649

**TELEPHONE NUMBER:** 508-477-8845

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-477-1991

**E-MAIL ADDRESS:** [info@boysgirlsclubcapecod.org](mailto:info@boysgirlsclubcapecod.org)

**WEBSITE:** [www.boysgirlsclubcapecod.org](http://www.boysgirlsclubcapecod.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Membership ranges from \$120 - \$180 per year. After school care for grades 1 - 8: Monday – Friday from 2pm - 6pm; Teen Nights for grades 9 - 12: Monday – Thursday from 6pm - 8pm; Grades 7 – 12: Fridays from 6pm - 10pm. Summer Camp is available.

**NAME OF AGENCY:** **Cape Abilities, Inc.**

**ADDRESS:** 895 Mary Dunn Rd.  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-5040

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-778-9642

**E-MAIL ADDRESS:** info@capeabilities.org

**WEBSITE:** www.capeabilities.org

**DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:**

Vocational, residential, day habilitation, and transportation services to individuals with disabilities. Vocational services include assessment, job development, placement and follow-up services. Services are provided according to an individualized service plan to individuals age 18 and above. Cape Abilities works with each individual to seek outside alternative funding whenever possible and according to eligibility.

**NAME OF AGENCY:** **Cape and Islands Self Reliance Corp.**

**ADDRESS:** 1396 Route 28A  
Cataumet, MA 02534

**MAILING ADDRESS:** P.O. Box 396  
(If different) North Falmouth, MA 02556

**TELEPHONE NUMBER:** 508-563-6633

**TOLL FREE NUMBER:** 1-888-808-0120

**FAX NUMBER:** 508-563-1123

**E-MAIL ADDRESS:** [reliance@reliance.org](mailto:reliance@reliance.org)

**WEBSITE:** [www.reliance.org](http://www.reliance.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Self Reliance Corp. has run an oil cooperative program for over 25 years. Self Reliance contracts with full service oil dealers throughout southeastern Mass to charge our members no more than a low, fixed profit margin over and above each dealer's wholesale cost. This means prices to our members can vary, up and down, only as the wholesale price varies. Membership is required to participate in our oil cooperative. Household membership is \$40 per year Senior household membership (65 years+) is \$20 per year. Applications are available on our website or by contacting our office.

NAME OF AGENCY: **Cape Behavioral Health Center**

ADDRESS: 310 Barnstable Rd. Suite 201  
Hyannis MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-862-0514

TOLL FREE NUMBER:

FAX NUMBER: 508-862-9184

E-MAIL ADDRESS:

WEBSITE: [www.northeasthealthservices.com](http://www.northeasthealthservices.com)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Outpatient Mental Health Center. Most insurances accepted.

**NAME OF AGENCY:** **Cape Cod Children’s Place**

**ADDRESS:** 10 Ballwic Rd  
Eastham, MA 02642

**MAILING ADDRESS:** P.O. Box 1935  
(If different) North Eastham, MA 02651

**TELEPHONE NUMBER:** 508-240-3310

**TOLL FREE NUMBER:** 1-800-871-9535

**FAX NUMBER:** 508-240-2352

**E-MAIL ADDRESS:** [info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com)

**WEBSITE:** [www.capecodchildrensplace.com](http://www.capecodchildrensplace.com)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** A non-profit family resource center that provides no-cost programs, resources and services to engage children and families, while building strong connections. Programs offered include parent and early childhood education, consultations, home visits & support groups.

NAME OF AGENCY: **Cape Cod Cooperative Extension**

ADDRESS:

MAILING ADDRESS: PO Box 367  
(If different) Barnstable, MA 02630

TELEPHONE NUMBER: 508-375-6690

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [extad@barnstablecounty.org](mailto:extad@barnstablecounty.org)

WEBSITE: [www.capecodextension.org](http://www.capecodextension.org)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Barnstable County's education department whose mission it is to improve the health and well-being of youth, families and communities; Conserve and enhance natural and marine resources; Strengthen agriculture and food system. Various departments include 4-H, Hazardous Waste & Water Quality, Waste Reduction/Recycling/Composting, Agriculture & Horticulture, Marine & Aquaculture, Nutrition & Food Safety, Ticks & Bugs, and Coastal Flood & Erosion.

NAME OF AGENCY: **Cape Cod Council of Churches**

ADDRESS: 320 Main Street  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-775-5073

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [cccouncilofchurches@gmail.com](mailto:cccouncilofchurches@gmail.com)

WEBSITE: [www.capecodcouncilofchurches.org](http://www.capecodcouncilofchurches.org)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Provides financial assistance. Hospitality housing provided on a short term emergency basis.

**Food Panty & Hands of Hope Outreach Center (food pantry & thrift store):**  
49 Route 28 West Harwich, MA  
508-432-1312  
[churcheshoh@comcast.net](mailto:churcheshoh@comcast.net)

**Faith Family Kitchen dinners:**  
154 Bearses Way, Hyannis, MA  
Monday, Wednesday, and Friday 5:30pm - 6:30pm, call for details.

**NAME OF AGENCY:** **Cape Cod Family Resource Center**

**ADDRESS:** 29 Bassett Ln.  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-815-5100

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-862-0590

**E-MAIL ADDRESS:** [tmorin@familycontinuity.org](mailto:tmorin@familycontinuity.org)

**WEBSITE:** [www.capecodfamilyresourcecenter.org](http://www.capecodfamilyresourcecenter.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Information and referral for all families, parent education and support for all parenting situations, help navigating resources, child and youth assessments, and much more. All services are free to all families, regardless of need, insurance and community of residence.

**NAME OF AGENCY:** **Cape Cod Healthcare:  
Centers for Behavioral Health**

**ADDRESS:** 27 Park Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-862-5566

**TOLL FREE NUMBER:** 1-800-545-5014

**FAX NUMBER:** 508-775-1598

**E-MAIL ADDRESS:**

**WEBSITE:** [www.capecodhealthcare.org/services/behavioral-health](http://www.capecodhealthcare.org/services/behavioral-health)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Offering Psychiatric Assessment Team, Inpatient Psychiatry, Partial Hospitalization Program, Adult Out-Patient Mental Health Services, Child and Adolescent Services.

**NAME OF AGENCY:** **Cape Cod Healthcare: Dementia & Alzheimer's  
Caregiver Support Services**

**ADDRESS:** 4 Bayview St  
West Yarmouth, MA 02673

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 774-552-6080

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-862-7787

**E-MAIL ADDRESS:** [dementiainfo@capecodhealth.org](mailto:dementiainfo@capecodhealth.org)

**WEBSITE:** [www.capecodhealth.org/dementia-support](http://www.capecodhealth.org/dementia-support)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Part of Neurology of Cape Cod Healthcare. Services include: Assessment, development of care plans, family support & counseling sessions, helpline, education classes, support groups, referrals & resource library. All services are free of charge.

**NAME OF AGENCY:** **Cape Cod Neighborhood Support Coalition**

**ADDRESS:**

**MAILING ADDRESS:** PO Box 2395  
(If different) Teaticket, MA 02536

**TELEPHONE NUMBER:** 508-771-4336

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [director@capecoalition.com](mailto:director@capecoalition.com)

**WEBSITE:** [www.capecoalition.com](http://www.capecoalition.com)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The mission of the CCNSC is to strengthen families and the resources that support them in order to help prevent child abuse and neglect in our region. We also promote and sponsor parent education and support opportunities.

**NAME OF AGENCY:** **Cape Cod Regional Transit Authority**

**ADDRESS:** 215 Iyannough Road  
Hyannis, MA 02601

**MAILING ADDRESS:** P.O. Box 1988  
(If different) Hyannis, MA 02601

**TELEPHONE NUMBER:** 508-775-8504

**TOLL FREE NUMBER:** 1-800-352-7155; TTY: 1-800-439-0183

**FAX NUMBER:** 508-775-8513

**E-MAIL ADDRESS:** [info@capecodrta.org](mailto:info@capecodrta.org)

**WEBSITE:** [www.capecodrta.org](http://www.capecodrta.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** CCRTA provides daily DART (demand response) service that is a door to door, ride by appointment transportation service. This service is available to all Cape Cod residents for any purpose. DART service is available Monday through Saturday in all 15 towns with limited service on Sunday. Boston Hospital Transportation– CCRTA provides medical transportation services Monday through Friday, by reservation, to all the major hospitals in Boston .The BHT has numerous bus stops including the Sagamore Commuter Lot. There are fares for services.

**NAME OF AGENCY:** **Cape Cod Times Needy Fund**

**ADDRESS:**

**MAILING ADDRESS:** P.O. Box 804  
(If different) Hyannis, MA 02601

**TELEPHONE NUMBER:** 508-778-5661

**TOLL FREE NUMBER:** 1-800-422-1446

**FAX NUMBER:** 508-862-0430

**E-MAIL ADDRESS:** [info@needyfund.org](mailto:info@needyfund.org)

**WEBSITE:** [www.needyfund.org](http://www.needyfund.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The Needy Fund provides urgent financial assistance for basic human needs to individuals and families residing on Cape Cod and the Islands who are experiencing temporary financial hardships.

**NAME OF AGENCY:** **Cape Cod WIC (Women, Infants & Children)**

**ADDRESS:** 350 Gifford Street Unit W20  
Falmouth, MA 02540

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-540-9742

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-771-7920

**E-MAIL ADDRESS:** [ccwic@healthimperatives.org](mailto:ccwic@healthimperatives.org)

**WEBSITE:** [www.healthimperatives.org](http://www.healthimperatives.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** WIC (Women, Infants and Children) is a nutrition program that provides nutrition and health education, breastfeeding support, healthy food and other services free of charge to qualifying Massachusetts families (infants and children up to age 5).

**NAME OF AGENCY:** **Cape Organization for Rights of the Disabled (CORD)**

**ADDRESS:** 765 Attucks Lane  
Hyannis, MA 0260

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-775-8300

**TOLL FREE NUMBER:** 1-800-541-0282

**FAX NUMBER:** 508-775-7022

**E-MAIL ADDRESS:** [cordinfo@cilcapecod.org](mailto:cordinfo@cilcapecod.org)

**WEBSITE:** [www.cordcapecod.org](http://www.cordcapecod.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** To help people with any kind of disability to advance their independence, productivity, and integration into mainstream society.

**NAME OF AGENCY:** **Catholic Social Services**

**ADDRESS:** 261 South St.  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-771-6771

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-771-4711

**E-MAIL ADDRESS:**

**WEBSITE:** <https://www.cssdioc.org/contact-us/>

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Offering emergency services, financial assistance, tenant/landlord mediation, naturalization and citizenship preparation and consulting.

**NAME OF AGENCY:** **Child and Family Services**

**ADDRESS:** 100 Independence Dr. Unit 8  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-1839

**TOLL FREE NUMBER:** 1-800-576-9444

**FAX NUMBER:** 508-775-1245

**E-MAIL ADDRESS:**

**WEBSITE:** [www.child-familyservices.org](http://www.child-familyservices.org)

**DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:**

Mental health counseling for all ages; issues ranging from depression, anxiety, trauma, behavior, grief, parent-child conflicts. Specializing in sexual abuse with children. Psychiatric services, therapeutic mentoring and in-home therapy is also available.

**NAME OF AGENCY:** **Child Care Network**

**ADDRESS:** 372 North Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-9470

**TOLL FREE NUMBER:** 1-888-530-2430

**FAX NUMBER:** 508-775-3710

**E-MAIL ADDRESS:**

**WEBSITE:** <https://www.cacci.cc/programs/child-care-network/>

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Information and Referral services for all families.  
Professional development for child care providers.  
Coaching and mentoring services for child care providers.  
State subsidy program for child care.

**NAME OF AGENCY:** **Children's Cove**

**ADDRESS:**

**MAILING ADDRESS:** P.O. Box 427  
(If different) Barnstable, MA 02630

**TELEPHONE NUMBER:** 508-375-0410

**TOLL FREE NUMBER:** 1-888-863-1900

**FAX NUMBER:** 508-375-0409

**E-MAIL ADDRESS:** [info@childrenscove.org](mailto:info@childrenscove.org)

**WEBSITE:** [www.childrenscove.org](http://www.childrenscove.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:**

Children's Cove is a free standing child friendly facility designed to ensure that victims of child sexual abuse, victims of severe physical abuse, witnesses to domestic violence and child sexual exploitation and their non-offending family members have access to support and services in a safe, respectful and compassionate environment.

NAME OF AGENCY: **Community Action Committee of Cape Cod and Islands**

ADDRESS: 372 North Street  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-771-1727

TOLL FREE NUMBER:

FAX NUMBER: 508-771-1073

E-MAIL ADDRESS:

WEBSITE: [www.cacci.cc](http://www.cacci.cc)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:

CACCI is committed to providing services to help empower and improve the lives of low income residents of Cape Cod and the Islands by providing resources and self-advocacy skills to attain and support self-sufficiency. Free citizenship preparation classes. Certified MA Health Connector Navigators.

CACCI programs are:

Child Care Network; Coaching and mentoring services for child care providers.

Safe Harbor; A safe and secure family shelter for women and their children who are homeless due to domestic violence.

NAME OF AGENCY: **Community Connections**

ADDRESS: 168 Industrial Dr. Unit 3  
Mashpee, MA 02649

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-477-4188

TOLL FREE NUMBER: 1-800-308-1321

FAX NUMBER: 781-723-8576

E-MAIL ADDRESS: [jsilva@communityconnectionsinc.org](mailto:jsilva@communityconnectionsinc.org)

WEBSITE: [www.communityconnectionsinc.org](http://www.communityconnectionsinc.org)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: A multi-service facility providing the following services:  
Day Habilitation Centers – including therapies, community based leisure and social activities.  
Employment Services – offers vocational and skills assessment, job search, placement and job coaching.  
Life Skills – assists with the development of basic skills needed to live in the community either independently or with supports.  
Transportation – provides rides to and from day programs, community activities and medical appointments.

**NAME OF AGENCY:** **Community Health Center of Cape Cod**

**ADDRESS:** 123 Waterhouse Rd., Bourne MA 02532  
or  
107 Commercial St., Mashpee MA 02649

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-759-7920 (Bourne Office)  
508-477-7090 Mashpee (Central office)

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-759-7028

**E-MAIL ADDRESS:** [info@chcofcapecod.org](mailto:info@chcofcapecod.org)

**WEBSITE:** [www.chcofcapecod.org](http://www.chcofcapecod.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** We are a nonprofit Federally Qualified Health Center providing healthcare for children, adults and families. Services include access to primary care, behavioral health services, dental care, pharmacy, teen and adolescent services, case management/patient navigation and insurance enrollment. Assistance available for anyone regardless of their ability to pay.

**NAME OF AGENCY:** **Consumer Assistance Council**

**ADDRESS:** 149 Main St.  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-771-0700

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [info@consumercouncil.com](mailto:info@consumercouncil.com)

**WEBSITE:** [www.consumercouncil.com](http://www.consumercouncil.com)

**DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:**

The Consumer Assistance Council, while working with the Attorney General of Massachusetts, does not give legal advice. A non-profit organization, services are given to the elderly, people with disabilities, those with language barriers, and all others regardless of income. Consumer Complaint forms are available online or by phone. Voluntary mediation services offered free of charge. Hours are Monday – Friday, 9am - 3pm.

**NAME OF AGENCY:** **Department of Children and Families - Cape and Islands Office**

**ADDRESS:** 500 Main Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-760-0200

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-790-3006

**E-MAIL ADDRESS:**

**WEBSITE:** [www.mass.gov/dcf](http://www.mass.gov/dcf)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The Department of Children and Families (DCF) works in partnership with families and communities to keep children safe from abuse and neglect. In most cases, DCF is able to provide supports and services to keep children safe with parents or family members. When necessary, DCF provides foster care or finds new permanent families for children through kinship, guardianship or adoption.

Reporting agency for Child Abuse and Neglect.

**NAME OF AGENCY:** **Department of Mental Health - Cape Cod & Islands Community Mental Health Center**

**ADDRESS:** 830 County Road  
Pocasset, MA 02559

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-564-9600, TTY– 508-564-9677

**TOLL FREE NUMBER:** 1-800-387-0222

**FAX NUMBER:** 508-564-9700

**E-MAIL ADDRESS:**

**WEBSITE:** [www.state.ma.us/DMH](http://www.state.ma.us/DMH)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** CC&IMHC is part of the state mental health system. We are located throughout the Cape. Mental health support services are provided through emergency care, child and adolescent care, case management, community support, adult outpatient and residential treatment, and an acute psychiatric hospital.

NAME OF AGENCY: **Department of Transitional Assistance**

ADDRESS: 181 North Street  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-862-6600

TOLL FREE NUMBER: 1-877-382-2363

FAX NUMBER: 617-887-8765

E-MAIL ADDRESS:

WEBSITE: [www.mass.gov/dta](http://www.mass.gov/dta)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

**TAFDC** – Transitional Aid to Families with Dependent Children: offers cash, medical and SNAP assistance to families in need.

**EAEDC** – Emergency Aid to the Elderly, Disabled and Children: offers cash and SNAP assistance, along with limited medical coverage. Most EAEDC recipients have short term disabilities or are awaiting a decision on their Social Security benefits.

**SNAP** – offers food assistance for both families and individuals.

**Emergency Assistance** – offers emergency shelter to families and pregnant women.

**Jobs/Employment**– partners with JTEC and DCS and MRC

All programs have specific eligibility standards and now all applications are available online at [www.dtaconnect.eohhs.mass.gov](http://www.dtaconnect.eohhs.mass.gov)

**NAME OF AGENCY:** **Department of Veteran's Services**

**ADDRESS:** First Citizens Federal Credit Union Bldg  
66 Falmouth Road  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-8740

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-778-8745

**E-MAIL ADDRESS:** capevso@comcast.net

**WEBSITE:** [www.capevets.org](http://www.capevets.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Aid and assist veterans with benefits on local, state and federal levels. Encourage any veteran, spouse or dependent to see if they are eligible for any benefits. No fees involved. A Representative is available at The Bourne Veterans Memorial Community Center every Wednesday. Call 508-743-3009 for an appointment.

NAME OF AGENCY: **East Point Properties (Bourne Oaks)**

ADDRESS: 5A East Point Drive  
Bedford, NH 03110

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 603-262-3601

TOLL FREE NUMBER:

FAX NUMBER: 603-782-4159

E-MAIL ADDRESS:

WEBSITE:

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Management company for subsidized housing for tenants who are elderly or have disabilities.  
Bourne Oaks in Buzzards Bay

**NAME OF AGENCY:** **Elder Services of Cape Cod and the Islands**

**ADDRESS:** 68 Route 134  
South Dennis, MA 02660

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-394-4630; TTY: 508-394-8691

**TOLL FREE NUMBER:** 1-800-244-4630

**FAX NUMBER:** 508-394-3712

**E-MAIL ADDRESS:** [info@escci.org](mailto:info@escci.org)

**WEBSITE:** [www.escci.org](http://www.escci.org)

<b>DESCRIPTION OF SERVICES, RESTRICTIONS &amp; FEES, IF ANY:</b>	State Home Care	60 yr+	Copay Sliding Scale
	Meals on Wheels	60 yr+	Donation Voluntary
	Family Caregiver	60 yr+	Donation Voluntary
	Money Management	60 yr+	Donation Voluntary
	Protective Services	60 yr+	No Fee

**NAME OF AGENCY:** **Fairwinds Clubhouse**

**ADDRESS:** 155 Katharine Lee Bates Rd.  
Falmouth, MA 02540

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-540-6011

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-457-7539

**E-MAIL ADDRESS:** gmcdowell@fhr.net

**WEBSITE:** [www.fhr.net/our-services/clubhouses/fairwinds](http://www.fhr.net/our-services/clubhouses/fairwinds)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The Fairwinds Clubhouse mission is to provide opportunities for friendship, support, employment and education to people with psychiatric disabilities who live on Upper Cape Cod.  
Must be 18 years and older.  
Monday – Friday, 8am – 4pm

NAME OF AGENCY: **Family Continuity**

ADDRESS: 29 Bassett Lane  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-862-0600

TOLL FREE NUMBER:

FAX NUMBER: 508-862-0590

E-MAIL ADDRESS: [info@familycontinuity.org](mailto:info@familycontinuity.org)

WEBSITE: [www.familycontinuity.org](http://www.familycontinuity.org)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

- Outpatient Mental Health Clinic
- Family Stabilization and Treatment and Reunification
- The Wrap Program
- Community Support Services
- Therapeutic Mentoring

NAME OF AGENCY: **Family Service Association - Adult Family Care Program**

ADDRESS: 470 Main St  
Mashpee, MA 02649

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-677-3822

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [djmumford@frfsa.org](mailto:djmumford@frfsa.org)

WEBSITE: [www.frfsa.org](http://www.frfsa.org)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

This program provides 24 hour family living for elderly persons and disabled adults who because of illness, frailty or advanced age can no longer live safely alone. This program serves diverse populations of all ages dealing with medical or psychiatric disabilities and do not need institutional care. AFC is funded in part by Mass Health. Service is also available on a private pay basis.  
**\*\*AFC Mashpee location opening in early 2022\*\***

NAME OF AGENCY:

**GATRA**

ADDRESS:

10 Oak Street  
Taunton, MA 02780

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER:

1-800-483-2500

TOLL FREE NUMBER:

FAX NUMBER:

508-824-3474

E-MAIL ADDRESS:

customercomments@gatra.org

WEBSITE:

www.gatra.org

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

OWL Link Bus Service available in Buzzards Bay, Bourne Village and Waterhouse Road. Also connects to Peter Pan bus service.

**Fare information:**

Adults: \$1.50

Seniors, People with Disabilities, and Students: \$0.75

Children under 6: FREE

*Exact Fare Required*

*Monthly Passes are available*

**NAME OF AGENCY:** **Gleason Family YMCA**

**ADDRESS:** 33 Charge Pond Road  
Wareham, MA 02571

**MAILING ADDRESS:** P. O. Box 466  
(If different) Wareham, MA 02571

**TELEPHONE NUMBER:** 508-295-9622

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-295-8973

**E-MAIL ADDRESS:**

**WEBSITE:** [www.ymcasouthcoast.org](http://www.ymcasouthcoast.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The full facility Gleason Family YMCA provides youth, families, and individuals of all ages, year round activities in the indoor swimming pool, gymnasium, wellness center, group exercise room, and drop-in center.

**NAME OF AGENCY:** **Gosnold, Inc.**

**ADDRESS:** 200 Ter Heun Drive  
Falmouth, MA 02540

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-540-6550 (General Inquiries)

**TOLL FREE NUMBER:** 1-800-444-1554 (Immediate Help)

**FAX NUMBER:** 508-540-7480

**E-MAIL ADDRESS:** [help@gosnold.org](mailto:help@gosnold.org)

**WEBSITE:** [www.gosnold.org](http://www.gosnold.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Addiction and mental health treatment  
Inpatient and outpatient care  
All insurances accepted  
Serving adults, adolescents and children

NAME OF AGENCY: **Greater New Bedford Community Health Center – Wareham**

ADDRESS: 135 Marion Road  
Wareham, MA 02571

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-342-4701

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [www.gnbchc.org](http://www.gnbchc.org)

WEBSITE:

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

- Family Practice Services
- Primary and Preventative Care
- On-site laboratory
- Benefits Counseling
- Community outreach, care management and patient advocate assistance
- Walk in patients are accepted
- The health center accepts all insurances

**NAME OF AGENCY:** **Habilitation Assistance Corporation  
Upper Cape Day Habilitation Center**

**ADDRESS:** 25 Barlows Landing Road  
Pocasset, MA 02559

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-564-5101

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-564-6541

**E-MAIL ADDRESS:** [cjones@hac.center](mailto:cjones@hac.center)

**WEBSITE:** [www.hac.center](http://www.hac.center)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Therapeutic day supportive programs for adults with developmental disabilities. Specializing in meaningful community involvement.

NAME OF AGENCY: **Health Imperatives**

ADDRESS: 1019 Iyannough Road  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-540-2968 (Cape Cod Healthy Families Program)  
508-771-7896 (Cape Cod WIC)  
508-771-8010 (Sexual Reproductive Health Services)

TOLL FREE NUMBER:

FAX NUMBER: 508-827-7359

E-MAIL ADDRESS: capecod@healthimperatives.org

WEBSITE: www.healthimperatives.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: **Cape Cod Healthy Families Program** is a home-based parent support and coaching program available to first time parents age 26 and under.  
**Cape Cod WIC** provides nutritional support for pregnant women and parents of children ages 5 & under.  
**Sexual Reproductive Health Services** offers birth control, testing for STI's, medication for HIV prevention, and gender affirming hormone therapy.

NAME OF AGENCY: **Housing Assistance Corporation**

ADDRESS: 460 West Main Street  
Hyannis, MA 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-771-5400

TOLL FREE NUMBER:

FAX NUMBER: 508-775-7434

E-MAIL ADDRESS: hac@haconcapecod.org

WEBSITE: www.haconcapecod.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: **Housing Services** – Provides shelter and services to homeless.  
**Housing Development** – Creates affordable rental and ownership opportunities for people who live and work on Cape Cod.  
**Energy and Home Repair** – Provides energy services to low income residents.  
**Leased Housing** – Administers rental subsidies to households throughout the Cape and Islands.  
**Consumer Education** - Helps Cape Cod Residents become home owners.  
**Workforce Housing** – Partnering with employers to provide housing for local workers.

*Foreclosure Education Center and Prevention Counseling also available*

**NAME OF AGENCY:** **Independence House, Inc.**

**ADDRESS:** 160 Bassett Lane  
Hyannis, Ma 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-771-6507, TTY: 508-771-6782

**TOLL FREE NUMBER:** 1-800-439-6507 (24 hour hotline)

**FAX NUMBER:** 508-778-0143

**E-MAIL ADDRESS:** indhouse@indhouse.net

**WEBSITE:** [www.independencehouse.org](http://www.independencehouse.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:**

The programs at Independence House provide help to victims/survivors of domestic and sexual violence. Services include Safe Homes, Court Advocacy, group and individual counseling for children who witness domestic violence and services for teens who have witnessed and/or experienced relationship violence.

Long term temporary housing services are also available to a limited number of survivors who are in need of housing. Community education, outreach and prevention services are available by request to groups, municipalities, schools and businesses on Cape Cod. Independence House serves Cape Cod residents who are victims of domestic and sexual violence. Services are free and confidential. Emergency Domestic Violence Shelter available by calling hotline.

**NAME OF AGENCY:** **Massachusetts 2-1-1**

**ADDRESS:** 46 Park Street  
Framingham, MA 01702

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-370-4991, TTY 508-370-4890

**TOLL FREE NUMBER:** 1-877-211-6277

**FAX NUMBER:**

**E-MAIL ADDRESS:** info@mass211.org

**WEBSITE:** www.mass211.org

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Massachusetts 2-1-1 is the direct link between people who need help and people who can give help. 2-1-1 connects you to local services – from food, clothing, and shelter assistance to counseling, legal and financial services. Available 24 hours a day, 7 days a week Multilingual and TTY service also available.  
Massachusetts primary call center during times of emergency.  
Vaccination information and assistance is available.

**NAME OF AGENCY:** **Massachusetts Commission against Discrimination**

**ADDRESS:** 1 Ashburton Place - Room 601  
Boston, MA 02108

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 617-994-6000

**TOLL FREE NUMBER:** **TTY:** 617-994-6196

**FAX NUMBER:** 617-994-6024

**E-MAIL ADDRESS:** [mcad@mass.gov](mailto:mcad@mass.gov)

**WEBSITE:** [www.mass.gov/mcad](http://www.mass.gov/mcad)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Massachusetts Commission against Discrimination is the state's chief civil rights agency. The commission works to eliminate discrimination on a variety of bases and areas, and strives to advance the civil rights of the people of the Commonwealth through law enforcement, outreach and training.

NAME OF AGENCY: **Massachusetts Commission for the Blind**

ADDRESS: 600 Washington Street Boston, MA 02111

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 617-727-5550

TOLL FREE NUMBER: 1-800-392-6450

FAX NUMBER: 617-626-7685

E-MAIL ADDRESS: [mcbinfo@mass.gov](mailto:mcbinfo@mass.gov)

WEBSITE: [www.mass.gov/mcb](http://www.mass.gov/mcb)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

Serves Massachusetts residents of all ages who are legally blind.  
Help/Train individuals who are blind to be independent in their home, employment and community.  
No fees.

NAME OF AGENCY: **Massachusetts Commission for the Deaf and Hard of Hearing**

ADDRESS: (Southeastern MA Office)  
61 Industrial Park Road  
Plymouth, MA 02360

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 617-740-1600, TTY – 617-740-1700

TOLL FREE NUMBER: 1-800-882-1155, TTY – 1-800-530-7570

FAX NUMBER: 508-830-9433

E-MAIL ADDRESS:

WEBSITE: [www.mass.gov/mcdhh](http://www.mass.gov/mcdhh)

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:

MCDHH serves as the principal state agency providing leadership, education, and advocacy services directed to empowering individuals who are deaf, late deafened, and hard of hearing and their families in receiving equitable opportunities.

**MCDHH Programs and Services:**  
Interpreter/CART Referral Services Dept., Communication Access, Training and Technology Services, Case Management and Social Services

**NAME OF AGENCY:** **Massachusetts Department of Developmental Services**

**ADDRESS:**  
181 North Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-771-2595

**TOLL FREE NUMBER:** TTY: 508-778-7561

**FAX NUMBER:** 508-778-6504

**E-MAIL ADDRESS:**

**WEBSITE:** [www.mass.gov/dds](http://www.mass.gov/dds)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:**  
Children services – Family support, information and referral through contracted agency (3 – 22 yrs.)  
Adults – family support, individual support, residential services, day services, transportation through contracted agencies or direct from DDS.  
Intake and eligibility for children and adults.  
Information and referral for children and adults.

NAME OF AGENCY: **Mass Hire - Cape and Islands Career Center**

ADDRESS: 372 North Street  
Hyannis, Ma 02601

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-771-5627

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS:

WEBSITE: [jobquest.dcs.eol.mass.gov/jobquest](http://jobquest.dcs.eol.mass.gov/jobquest)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

Programs include:

- Academic assessment
- Academic remediation
- Computer literacy
- Career counseling
- Occupational training
- Job search assistance
- Job placement assistance

**NAME OF AGENCY:** **NAMI of Cape Cod and the Islands, Inc.**  
**(National Alliance on Mental Illness)**

**ADDRESS:** 5 Mark Lane  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-4277

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [info@namicapecod.org](mailto:info@namicapecod.org)

**WEBSITE:** [www.namicapecod.org](http://www.namicapecod.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** NAMI Cape Cod serves individuals and their families who are affected by the broad spectrum of mental illnesses and neurological disorders through support, education and advocacy and promotes wellness for all.

NAME OF AGENCY: **New England Region of Narcotics Anonymous**

ADDRESS:

MAILING ADDRESS: Cape Cod ASC  
(If different) PO Box 684  
Hyannis, MA 02601-0684

TELEPHONE NUMBER: 1-866-624-3578

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS: [info@newenglandna.org](mailto:info@newenglandna.org)

WEBSITE: [www.nerna.org/cape-cod/](http://www.nerna.org/cape-cod/)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

There are no age restrictions. There are no dues or fees. NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break.

**NAME OF AGENCY:** **Parents Helping Parents**

**ADDRESS:** 108 Water Street  
Watertown, MA 02472

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 617-926-5008

**TOLL FREE NUMBER:** 1-800-882-1250  
1-800-632-8188 (Parental Stress Line)

**FAX NUMBER:** 617-926-5011

**E-MAIL ADDRESS:** [info@parentshelpingparents.org](mailto:info@parentshelpingparents.org)

**WEBSITE:** [www.parentshelpingparents.org](http://www.parentshelpingparents.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Parental Stress Line – 24 hour hotline  
Parental Support Groups across Massachusetts

**NAME OF AGENCY:** **Salvation Army - Hyannis Corps**

**ADDRESS:** 100 North Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-775-0364

**TOLL FREE NUMBER:**

**FAX NUMBER:** 508-862-0256

**E-MAIL ADDRESS:** [answers@use.salvationarmy.org](mailto:answers@use.salvationarmy.org)

**WEBSITE:** [www.salvationarmyma.org/hyannis](http://www.salvationarmyma.org/hyannis)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Seasonal Assistance – Dress A Live Doll, Toy Shop, Thanksgiving and Christmas dinner food baskets.  
Food Pantry  
Emergency Financial Assistance  
Emergency Disaster Relief  
Soup Kitchen - Breakfast, Lunch  
Social Services

**NAME OF AGENCY:** **Salvation Army - Massachusetts Division**

**ADDRESS:** 25 Shawmut Road  
Canton, MA 02021

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 339-502-5900

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:**

**WEBSITE:** [www.salvationarmyma.org](http://www.salvationarmyma.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Good Neighbor Energy and Emergency Disaster Services  
Camp Wonderland, Wonderland Lodge, Community Care

NAME OF AGENCY: **Shaw Fund for Mariners' Children**

ADDRESS:

MAILING ADDRESS: P.O. Box 194  
(If different) Newburyport, MA 01950

TELEPHONE NUMBER: 1-833-742-9363

TOLL FREE NUMBER:

FAX NUMBER:

E-MAIL ADDRESS:

WEBSITE:

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY: Emergency financial assistance for mariners and their families.

NAME OF AGENCY: **Sight Loss Services, Inc.**

ADDRESS: 900 Route 134  
South Dennis, MA 02660

MAILING ADDRESS:  
(If different)

TELEPHONE NUMBER: 508-394-3904

TOLL FREE NUMBER:

FAX NUMBER: 508-398-0792

E-MAIL ADDRESS: [info@sightloss.org](mailto:info@sightloss.org)

WEBSITE: [www.sightloss.org](http://www.sightloss.org)

DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:

Sight Loss Services provides services to people in the Cape and Islands community who are learning to cope and function safely and independently with the loss of sight. Ours is an unduplicated service for which we charge no fees.

**NAME OF AGENCY:** **Social Security Administration**

**ADDRESS:** 48 Research Road  
East Falmouth, MA 02536

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 855-881-0212, TTY: 508-457-5096

**TOLL FREE NUMBER:** 1-800-772-1213

**FAX NUMBER:** 508-457-9250

**E-MAIL ADDRESS:**

**WEBSITE:** [www.ssa.gov](http://www.ssa.gov)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Take applications for Retirement, Survivor and Disability benefits.  
Replacement and original requests for Social Security numbers. Provide assistance regarding Medicare, missing or incorrect benefit checks

**NAME OF AGENCY:** **South Bay Community Services (The Mentor Network)**

**ADDRESS:**  
470 Main Street  
Mashpee, MA 02649

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:**  
508-760-1475

**TOLL FREE NUMBER:**

**FAX NUMBER:**  
508-760-3719

**E-MAIL ADDRESS:**

**WEBSITE:**  
[www.southbaycommunityservices.com](http://www.southbaycommunityservices.com)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:**  
South Bay Community Services (The Mentor Network) is a community based behavioral health care organization offering a continuum of services including adult behavioral health, substance abuse counseling, children's behavioral health, day services, autism services and early childhood services.

**NAME OF AGENCY:** **South Coastal Counties Legal Services, Inc.**

**ADDRESS:** 460 West Main Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-775-7020

**TOLL FREE NUMBER:** 1-800-244-9023

**FAX NUMBER:** 508-790-3955

**E-MAIL ADDRESS:** rdickerson@sccls.org

**WEBSITE:** [www.sccls.org](http://www.sccls.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** SCCLS provides legal services at no cost to low income (income below 187.5% of the Federal poverty level) and older (age 60+) individuals with civil legal problems within program priorities. Legal aid priorities include housing, family, public benefits, consumer, education and immigration law issues.

**NAME OF AGENCY:** **South Shore Community Action Council, Inc.  
(Fuel Assistance)**

**ADDRESS:** 71 Obery Street  
Plymouth, MA 02360

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-747-6707

**TOLL FREE NUMBER:** 1-877-383-5243

**FAX NUMBER:** 508-746-5140

**E-MAIL ADDRESS:**

**WEBSITE:** [www.sscac.org](http://www.sscac.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Fuel Assistance - 39 towns  
Eversource Electric Arrearage Forgiveness – All fuel assistance towns with Eversource.  
NGRID Arrearage Forgiveness – All fuel assistance towns with NGRID.  
All programs have income eligibility restrictions primarily up to 200% of the Federal Poverty Guidelines.

**NAME OF AGENCY:** **St. Joseph's House**

**ADDRESS:** 77 Winter Street  
Hyannis, Ma 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 774-470-5976

**TOLL FREE NUMBER:**

**FAX NUMBER:** 774-470-6984

**E-MAIL ADDRESS:** sruault@cssdioc.org

**WEBSITE:** [www.cssdioc.org](http://www.cssdioc.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** 50 Bed Emergency Shelter for 30 men and 20 women Day Center open 9 am – 2 pm  
Shelter: Open 3:30 pm - 8:00 am  
Provides a safe place to sleep, job search and housing search assistance, case management, legal clinics, substance abuse and mental health counseling.

**NAME OF AGENCY:** **St. Vincent de Paul - Corpus Christi Parish**

**ADDRESS:** 324 Quaker Meeting House Road  
E. Sandwich, MA 02537

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-833-1555

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [svdp@corpuschristiparish.org](mailto:svdp@corpuschristiparish.org)

**WEBSITE:** [www.corpuschristiparish.org](http://www.corpuschristiparish.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** We help the needy in our Parish Community (which includes Sagamore and Sagamore Beach) with food, clothes and financial help. Food Pantry is also open Thursdays from 9:30 am – 12 pm at “Mary’s Closet.”

**NAME OF AGENCY:** **St. Vincent de Paul - St. John the Evangelist Parish**

**ADDRESS:**  
841 Shore Road  
Pocasset, MA 02559

**MAILING ADDRESS:**  
(If different) P.O. Box 916  
Pocasset, MA 02559

**TELEPHONE NUMBER:**  
508-563-5317 or 508-563-5887

**TOLL FREE NUMBER:**

**FAX NUMBER:**  
508-445-6464

**E-MAIL ADDRESS:**  
office@sjeparish.com

**WEBSITE:**  
www.stjohnspocasset.org

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:**  
We provide emergency help to families seeking assistance with food, clothing, rent, electric and gas utilities. There are no fees. Our service area is south of the canal from the ice rink west covering Monument Beach, Pocasset, Cataumet and the Joint Base Cape Cod. We also serve as a referral to other social service agencies. There is no age limit.

**NAME OF AGENCY:** **St. Vincent de Paul Thrift Store (St. Margaret Parish)**

**ADDRESS:**  
134 Main Street  
Buzzards Bay, MA 02532

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:**  
508-759-7171

**TOLL FREE NUMBER:**

**FAX NUMBER:**  
508-759-4797

**E-MAIL ADDRESS:**  
office@stmargarettbay.org

**WEBSITE:**  
www.stmargarettbay.org

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:**  
Summer Hours: Tues – Sat, 10 – 4  
Fall/Winter Hours: Mon – Fri, 10 – 4, Sat 10 – 2  
  
Assistance with food vouchers, rent and utility assistance.  
Serves Buzzards Bay and Onset

**NAME OF AGENCY:** **The Arc of Plymouth & Upper Cape Cod**

**ADDRESS:** 52 Armstrong Rd  
Plymouth, MA 02360

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-732-9292

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [info@plymouthcapearc.org](mailto:info@plymouthcapearc.org)

**WEBSITE:** [www.plymouthcapearc.org](http://www.plymouthcapearc.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Services & advocacy for individuals with developmental or intellectual disabilities, autism & brain injuries.  
Support groups, workshops and trainings.  
Information and referral

**NAME OF AGENCY:** **The Samaritans of Cape Cod and the Islands**

**ADDRESS:** P.O. Box 65  
Falmouth, MA 02541

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-548-7999 (office)

**TOLL FREE NUMBER:** 1-800-893-9900 or 508-548-8900 (Crisis Lines)

**FAX NUMBER:**

**E-MAIL ADDRESS:** info@capesamaritans.com

**WEBSITE:** www.capesamaritans.org

**DESCRIPTION OF  
SERVICES,  
RESTRICTIONS &  
FEES, IF ANY:**

- Community Outreach
- Crisis Lines
- Senior Outreach Program
- Elder Suicide Prevention Training
- Safe Place Support Groups
- A Second Chance Support Groups
- Care Packages
- A Caring Connection

**NAME OF AGENCY:** **Turning Point / Wareham Area Committee for Homeless (WACH)**

**ADDRESS:** 6 Rogers Ave  
Wareham, MA 02571

**MAILING ADDRESS:** P.O. Box 486  
(If different) Wareham, MA 02571

**TELEPHONE NUMBER:** 508-291-0535

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** wach1@verizon.net

**WEBSITE:** www.turningpointwareham.org

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Information and referral to emergency shelters, clothing sources, and agencies for other specific client needs, emergency food, help with rent and utilities when funds are available.  
Open Mon – Fri, 9am – 12pm  
Temporary mailing address and phone use  
Baby Point open on third Thursday of month 9am – 12pm for diapers & wipes. Must have WIC or Mass Health.  
Serves Wareham, Buzzards Bay, Marion, Mattapoissett, Middleboro, Carver and Rochester

**NAME OF AGENCY:** **VA Primary Care Center**

**ADDRESS:** 233 Stevens Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-771-3190

**TOLL FREE NUMBER:** 1-866-363-4486 ext. 1330

**FAX NUMBER:** 508-771-0940

**E-MAIL ADDRESS:**

**WEBSITE:** [www.providence.va.gov](http://www.providence.va.gov)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Outpatient Clinic, Monday – Friday 7:30am - 4:00pm.  
Primary Healthcare Provider will coordinate your healthcare needs.  
Mental Health Services  
Laboratory Services  
Pharmacy  
Radiology

**NAME OF AGENCY:** **Vet Center**

**ADDRESS:** 474 West Main Street  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-0124

**TOLL FREE NUMBER:** 1-877-927-8387

**FAX NUMBER:** 508-775-3014

**E-MAIL ADDRESS:**

**WEBSITE:** [www.vetcenter.va.gov](http://www.vetcenter.va.gov)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The Vet Center welcomes those who served in war with honor by providing readjustment counseling in a caring manner. We understand and appreciate Veterans and Service members' war experiences while assisting them and their family members toward a successful post-war adjustment in or near their community. The goal of the Vet Center program is to provide a broad range of counseling, outreach and referral services to eligible veterans in order to help them make a satisfying post-war readjustment to civilian life.

**NAME OF AGENCY:** **Visiting Nurse Association of Cape Cod**

**ADDRESS:** 255 Independence Drive  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-957-7400

**TOLL FREE NUMBER:** 1-800-631-3900

**FAX NUMBER:** 508-771-3707

**E-MAIL ADDRESS:**

**WEBSITE:** [www.capecodhealthcare.org/about/vna/](http://www.capecodhealthcare.org/about/vna/)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** The VNA of Cape Cod provides comprehensive home health and hospice services that enable individuals– from newborns to the elderly – to receive care in the privacy and comfort of their own homes. Our highly trained professionals are dedicated to ensuring a smooth transition from a hospital, nursing home or clinic to home. Specially trained teams offer intravenous therapy, wound care, ostomy care, pain management, HIV/AIDS care, oncology, palliative and hospice care, mental health assessments and maternal and child health.

**NAME OF AGENCY:** **WE CAN – Life Changing Service for Women**

**ADDRESS:** 783 Route 28  
Harwich Port, MA 02646

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-430-8111

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** [info@wecancenter.org](mailto:info@wecancenter.org)

**WEBSITE:** [www.wecancenter.org](http://www.wecancenter.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Information and Referral  
Legal, Financial, Work and Business Support Programs  
Path Maker Mentoring Program  
Personal Development Programs  
Services are confidential and free  
Translation services available

**NAME OF AGENCY:** **We Thrive/Cape and Islands Gay and Straight Youth Alliance (CIGSYA)**

**ADDRESS:** 56 Barnstable Rd.  
Hyannis, MA 02601

**MAILING ADDRESS:**  
(If different)

**TELEPHONE NUMBER:** 508-778-7744

**TOLL FREE NUMBER:**

**FAX NUMBER:**

**E-MAIL ADDRESS:** info@WeThrive.us

**WEBSITE:** www.WeThrive.us

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Community based alliance of young people ages 22 & under. The We Thrive Center is a place where young people can enjoy meetings, drop-in times and special events where there is camaraderie and support in a peer led, adult advised environment, free from judgment based on inherent differences. Offers a variety of housing resources.

**NAME OF AGENCY:** **YMCA of Cape Cod**

**ADDRESS:** 2245 Iyannough Rd  
West Barnstable, MA 02668

**MAILING ADDRESS:** P.O. Box 188  
(If different) West Barnstable, MA 02668

**TELEPHONE NUMBER:** 508-362-6500

**TOLL FREE NUMBER:** 1-800-339-9622

**FAX NUMBER:** 508-362-5379

**E-MAIL ADDRESS:** [info@ymcacapecod.org](mailto:info@ymcacapecod.org)

**WEBSITE:** [www.ymcacapecod.org](http://www.ymcacapecod.org)

**DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY:** Membership required  
Monday – Friday, 5:30am - 8:30pm  
Saturday 7:30am - 3:30pm Sunday 10am - 3pm  
Child Care available.

## **HUMAN SERVICES INDEX**

### **ABUSE AND VIOLENCE**

Cape Cod Neighborhood Support Coalition

Child and Family Services

Children's Cove

Community Action Committee of Cape Cod and Islands (Safe Harbor)

Department of Children and Families- Cape and Islands Office

Elder Services of Cape Cod and the Islands

Independence House

Parents Helping Parents

### **ALCOHOL AND SUBSTANCE USE**

Al-Anon/Alateen

Gosnold, Inc.

New England Region of Narcotics Anonymous

South Bay Community Services (The Mentor Network)

### **CHILDREN AND FAMILIES**

A Baby Center

Al-Anon/Alateen

Barnstable County 4-H

Big Brothers Big Sisters of Cape Cod and the Islands

Birthright

Bourne Friends Food Pantry

Bourne Housing Authority

Bourne Recreation Department

Boys and Girls Club of Cape Cod  
Cape Cod Children's Place  
Cape Cod Cooperative Extension  
Cape Cod Family Resource Center  
Cape Cod Healthcare: Centers for Behavioral Health  
Cape Cod Neighborhood Support Coalition  
Cape Cod WIC (Women, Infants & Children)  
Child and Family Services  
Child Care Network  
Community Action Committee of Cape Cod and Islands (Child Care Network)  
Community Health Center of Cape Cod  
Department of Children and Families- Cape and Islands Office  
Department of Mental Health- Cape Cod & Islands Community Mental Health Center  
Department of Transitional Assistance  
Family Continuity  
Gleason Family YMCA  
Greater New Bedford Community Health Center- Wareham  
Health Imperatives  
Independence House  
Parents Helping Parents  
South Bay Community Services (The Mentor Network)  
Visiting Nurse Association of Cape Cod  
YMCA of Cape Cod

**CRISIS INTERVENTION**

Birthright  
Bourne Friends Food Pantry

Cape Cod Healthcare: Centers for Behavioral Health  
Department of Children and Families- Cape and Islands Office  
Family Continuity  
Gosnold, Inc.  
Independence House  
Parents Helping Parents  
St. Joseph's House  
The Samaritans of Cape Cod and the Islands

**DISABILITY SERVICES**

Barnstable County Human Rights Advisory Commission  
Bourne Housing Authority  
Cape Abilities  
Cape Organization for Rights of the Disabled (CORD)  
Community Connections  
Department of Veteran's Services  
East Point Properties (Bourne Oaks)  
Elder Services of Cape Cod and the Islands  
Family Service Association  
Habilitation Assistance Corporation Upper Cape Day Habilitation Center  
Massachusetts Commission against Discrimination  
Massachusetts Commission for the Blind  
Massachusetts Commission for the Deaf and Hard of Hearing  
Massachusetts Department of Developmental Services  
Sight Loss Services, Inc.  
Social Security Administration  
The ARC of Plymouth and Upper Cape Cod

## **EDUCATION**

AIDS Support Group of Cape Cod

Alzheimer's Family Support Center

Barnstable County Human Rights Commission

Cape Cod Children's Place

Cape Cod Cooperative Extension

Cape Cod Family Resource Center

Cape Cod Healthcare: Dementia & Alzheimer's Caregiver Support Services

Cape Cod Neighborhood Support Coalition

Cape Cod WIC (Women, Infants & Children)

Child Care Network

Community Action Committee of Cape Cod and Islands

Community Connections

Department of Veteran's Services

Fairwinds Clubhouse

Family Continuity

Health Imperatives

Housing Assistance Corporation

Mass Hire- Cape and Islands Career Center

NAMI of Cape Cod and the Islands, Inc.

Parents Helping Parents

The Arc of Plymouth & Upper Cape Cod

The Samaritans of Cape Cod and the Islands

Vet Center

WE CAN- Life Changing Service for Women

## **EMPLOYMENT AND TRAINING**

Cape Abilities, Inc.

Community Connections

Department of Transitional Assistance

Fairwinds Clubhouse

Habilitation Assistance Corporation- Upper Cape Day Habilitation Center

Massachusetts Commission against Discrimination

Massachusetts Commission for the Blind

Massachusetts Commission for the Deaf and Hard of Hearing

Mass Hire- Cape and Islands Career Center

The Arc of Plymouth & Upper Cape Cod

WE CAN- Life Changing Service for Women

## **FINANCIAL ASSISTANCE AND EMERGENCY FUNDING**

Cape Cod Council of Churches

Cape Cod Times Needy Fund

Catholic Social Services

Department of Transitional Assistance

Department of Veteran's Services

Salvation Army- Hyannis Corps

Salvation Army- Massachusetts Division

Shaw Fund for Mariners' Children

St. Vincent de Paul- Corpus Christi Parish

St. Vincent de Paul- St. John the Evangelist Parish

St. Vincent de Paul Thrift Store- St. Margaret Parish

Turning Point/ Wareham Area Committee for the Homeless (WACH)

## **FOOD AND NUTRITION**

A Baby Center

AIDS Support Group of Cape Cod

Bourne Friends Food Pantry

Bourne United Methodist Church

Cape Cod Council of Churches

Cape Cod Times Needy Fund

Cape Cod WIC (Women, Infants & Children)

Department of Transitional Assistance

Elder Services of Cape Cod and the Islands

Health Imperatives

Salvation Army- Hyannis Corps

St. Vincent de Paul- Corpus Christi Parish

St. Vincent de Paul- St. John the Evangelist Parish

St. Vincent de Paul Thrift Shop- St. Margaret Parish

Turning Point/Wareham Area Committee for the Homeless (WACH)

## **FUEL AND UTILITIES**

Bourne Council on Aging

Bourne United Methodist Church

Cape and Islands Self Reliance Corp.

Cape Cod Times Needy Fund

Housing Assistance Corporation

Salvation Army- Hyannis Corps

Salvation Army- Massachusetts Division

South Shore Community Action Council, Inc. (Fuel Assistance)

St. Vincent de Paul- Corpus Christi

St. Vincent de Paul- St John the Evangelist Parish

St. Vincent de Paul Thrift Store- St. Margaret Parish

Turning Point/Wareham Area Committee for the Homeless (WACH)

### **HEALTHCARE**

Cape Cod Healthcare: Dementia & Alzheimer's Caregiver Support Services

Community Health Center of Cape Cod

Greater New Bedford Community Health Center- Wareham

Health Imperatives

VA Primary Care Center

Visiting Nurse Association of Cape Cod

### **INFORMATION AND REFERRAL**

AIDS Support Group of Cape Cod

Alzheimer's Family Support Center

Barnstable County Human Rights Advisory Commission

Barnstable County Human Services

Birthright

Bourne Council on Aging

Bourne United Methodist Church

Cape Cod Family Resource Center

Cape Cod Healthcare: Centers for Behavioral Health

Cape Cod Healthcare: Dementia & Alzheimer's Caregiver Support Services

Cape Cod Neighborhood Support Coalition

Cape Organization for Rights of the Disabled (CORD)

Catholic Social Services

Child Care Network

Department of Children and Families- Cape and Islands Office

Department of Mental Health- Cape Cod & Islands Community Mental Health Center

Department of Transitional Assistance

Department of Veteran's Services

Family Continuity

Health Imperatives

Independence House

Massachusetts 2-1-1

Massachusetts Commission against Discrimination

Massachusetts Commission for the Blind

Massachusetts Commission for the Deaf and Hard of Hearing

Massachusetts Department of Developmental Services

Parents Helping Parents

Sight Loss Services, Inc.

South Bay Community Services (The Mentor Network)

St. Vincent de Paul- Corpus Christi Parish

St. Vincent de Paul- St. John the Evangelist Parish

St. Vincent de Paul Thrift Store- St. Margaret Parish

The Samaritans of Cape Cod and the Islands

Turning Point/Wareham Area Committee for the Homeless (WACH)

VA Primary Care Center

Vet Center

Visiting Nurse Association of Cape Cod

WE CAN- Life Changing Service for Women

We Thrive (Cape and Islands Gay and Straight Youth Alliance)

## **LGBTQ**

AIDS Support Group of Cape Cod

Barnstable County Human Rights Advisory Commission

Health Imperatives

Massachusetts Commission against Discrimination

We Thrive/Cape and Islands Gay and Straight Youth Alliance (CIGSYA)

## **LEGAL AID**

Barnstable County Human Rights Advisory Commission

Catholic Social Services

Consumer Assistance Council

Massachusetts Commission against Discrimination

South Coastal Counties Legal Services, Inc.

WE CAN- Life Changing Service for Women

## **MENTAL HEALTH**

Cape Behavioral Health Center

Cape Cod Healthcare: Centers for Behavioral Health

Child and Family Services

Children's Cove

Community Health Center of Cape Cod

Department of Children and Families- Cape and Islands Office

Department of Mental Health- Cape Cod & Islands Community Mental Health Center

Fairwinds Clubhouse

Family Continuity

Family Service Association- Adult Family Care Program

Gosnold on Cape Cod

NAMI of Cape Cod and the Islands, Inc  
South Bay Community Services (The Mentor Network)  
The Samaritans of Cape Cod and the Islands  
Vet Center  
Visiting Nurse Association of Cape Cod

**OLDER ADULTS**

Bourne Council on Aging  
Bourne Housing Authority  
Bourne Recreation Department  
Cape and Islands Self Reliance Corp.  
Cape Cod Healthcare: Dementia & Alzheimer's Caregiver Support Services  
Consumer Assistance Council  
Department of Transitional Assistance  
East Point Properties (Bourne Oaks)  
Elder Services of Cape Cod and the Islands  
Family Continuity  
Family Service Association- Adult Family Care Program  
Social Security Administration  
South Bay Community Services (The Mentor Network)  
South Coastal Counties Legal Service, Inc.  
South Shore Community Action Council, Inc. (Fuel Assistance)

**PEOPLE WITHOUT HOMES**

Cape Cod Council of Churches  
Community Action Committee of Cape Cod and Islands  
Department of Transitional Assistance

Housing Assistance Corporation

Salvation Army- Hyannis Corps.

St. Joseph's House

Turning Point/Wareham Area Committee for the Homeless (WACH)

### **TEENS**

Al-Anon/Alateen

Barnstable County 4-H

Birthright

Bourne Recreation Department

Boys and Girls Club of Cape Cod

Cape Cod Cooperative Extension

Cape Cod Healthcare: Centers for Behavioral Health

Department of Mental Health- Cape Cod & Islands Community Mental Health Center

Family Continuity

Gleason Family YMCA

Health Imperatives

Independence House

We Thrive (Cape and Islands Gay and Straight Youth Alliance)

YMCA of Cape Cod

### **HOUSING**

AIDS Support Group of Cape Cod

Bourne Housing Authority

East Point Properties (Bourne Oaks)

Family Service Association- Adult Family Care Program

Housing Assistance Corporation

**TRANSPORTATION**

AIDS Support Group of Cape Cod

Bourne Council on Aging

Cape Abilities

Cape Cod Regional Transit Authority

Community Connections

GATRA

Habilitation Assistance Corporation- Upper Cape Day Habilitation Center

**VETERAN'S SERVICES**

Bourne Council on Aging

Department of Veteran's Services

VA Primary Care Center

Vet Center

# IMPORTANT TELEPHONE NUMBERS

Bourne Town Hall.....	508-759-0600
Web Page.....	www.townofbourne.com
Bourne Fire Dept. (Emergency).....	911
(Non-Emergency).....	508-759-4412
Bourne Police Dept. (Emergency).....	911
(Non-Emergency).....	508-759-4420
Bourne Emergency Management.....	508-759-0600 ext. 1336
Board of Health.....	508-759-0600 ext. 1513
Council on Aging.....	508-759-0600 ext. 5300
Recreation Dept. ....	508-759-0600 ext. 5302
Jonathan Bourne Public Library.....	508-759-0644
Dept. of Natural Resources.....	508-759-0600 ext. 1504
Veterans Agent.....	508-743-3009
Landfill.....	508-759-0643
School Administration Building.....	508-759-0660
Special Education Dept. ....	508-759-0673
Bourne High School.....	508-759-0670
Bourne Middle School.....	508-759-0690
Bourne Intermediate School.....	508-759-0680
Bournedale Elementary School.....	508-743-3800
Upper Cape Regional Technical School.....	508-759-7711
Chamber of Commerce.....	508-759-6000
Falmouth Hospital .....	508-548-5300
Tobey Hospital.....	508-295-0880
Beth Israel Deaconess Hospital Plymouth.....	508-746-2000
Cape Cod Hospital.....	508-771-1800
Duffy Health Center.....	508-771-9599
Stoneman Urgent Care Center.....	774-338-5000
Falmouth Urgent Care.....	508-495-8000
Southcoast Health Urgent Care.....	508-273-1810
Spaulding Cape Cod.....	508-833-4000