## TOWN OF BOURNE BOURNE VETERANS MEMORIAL COMMUNITY/SENIOR CENTER COUNCIL ON AGING BOARD OF DIRECTORS MINUTES OF 4/20/23

MEMBERS PRESENT: Marilyn Jackson, Gerri Parham Andos, Bev Armando, Sandra Barnard, Wendy Welsh, Eda Cardoza

EXCUSED MEMBERS: Julie Dateo, Jean Hills, Barbara Scott

OTHERS PRESENT: Debi Oliviere, Kari Phinney

Gerri called the meeting to order at 11:01 a.m.

MINUTES: Upon a motion made by Marilyn and seconded by Wendy, the board unanimously voted to approve the minutes of 3/23/23 into record.

**PUBLIC COMMENT: None** 

OUTREACH: Kari read the highlights from the Outreach reports.

- Kari and Meghan attended various meetings and trainings including:
- COA Board Meeting, Elder Services Board Meeting, Outreach Meeting, MCOA Outreach Meeting, Veterans Coffee NAMI, Walk and Talk, Elders at Risk monthly meeting with police, fire, board of health to discuss active cases in town.
- Kari attended Harpers Payroll training
- Kari attended a 2-day Crisis Intervention Training NAMI training, Dr. Stuart Ablon of Mass General Hospital and Dr. Kim Meade, Suicide Prevention, Techniques of de-escalation, Navigating the system-DMH, VINFEN, Duffy and VNA as well as HIPPA Training.
- Kari did 3 Knox Box installs and safety check.
- Kari completed 6 fuel assistance applications.
- Meghan attended Coffee Talk with Sherrie, and Connection Café which continue to be will attended.
- Meghan attended Boston University CADER Person Centered Case Management Certificate Program, continued BU CADER Case Management Program 1 day training and NAMI offered Crisis Intervention Training.
- Meghan continues to become more familiar with SNAP and Fuel assistance applications and guiding clients toward housing options.
- Kari received a donation from Capabilities Farm in Dennis. Kari and Meghan delivered 50 boxes of fresh produce and chowder door to door to Continental apartments and a court at Bourne Oaks.

DIRECTOR'S REPORT: Debi read the highlights from the Director's report.

- Deb announced 1,130 check-ins and 130 rides.
- Debi attended various meetings and training including Department Head meeting, Finance Committee Meeting, MMA Social Media workshop, Human Service Grant Committee meeting, Bourne Substance Free Coalition meeting.
- Debi attended Racial Equity Institute 2-day workshop. "Best Workshop"
- Debi attended selectman's board meeting.
- Debi attended Board training with Town Counsel
- Debi met with Phil Angell new Tai Chi instructor.
- Debi met with Liz Hartsgrove, Assistant Town Administrator
- Debi also attended MCOA New Director workshop, select board meeting with Mass Dot, Board of Directors Meeting
- Debi attended New Payroll system training.
- Debi attended the COAST meeting, Participated in Narcan Training, now here in the building and attended My Senior Center training.

## **UPCOMING EVENTS/PROGRAMS:**

- Spanish classes are starting in May. Classes are already full.
- Tai Chi classes will begin on Tue, May 2 at 3:00pm. \$7 per class.
- Therapy Gardens Chocolate Tasting on May 4
- Cholesterol Clinic will be held on May 15
- Men's fitness will resume on Fridays starting May 19 for 6 weeks.
- Walking Presentation with VNA on May 24
- Music Therapy Concert with Cara Brindisi of television's 'The Voice' will be here on Friday, June 2 at 1pm. "Very engaging."
- Volunteer Appreciation Breakfast, Thursday June 8 to honor our 3 retiring volunteers.
- Matt York will return to perform songs of Johnny Cash on Wednesday June 21 at 1pm.
- Summer Craft class June 23
- Board Training for all Cape COA Directors and COA Board members limited slots available. Those bumped from Harwich were added to Duxbury. Also have one in Plymouth.
- All board members must take the Conflict-of-Interest Training. Debi will re-send information to all board members.
- Marilyn to attend Friends board meeting next month.
- No COA Board meeting in July
- Debi reminded the board Nominations for Chair, vice Chair and secretary should be added to June agenda.

## OTHER BUSINESS

• Beverly brought up her concern with seniors and smoke detectors. Batteries are difficult to change when the detectors are on the ceiling. Kari suggested contacting the fire department for assistance. She will also research other possible options.

Upon a motion duly made by Wendy and seconded by Barbara, the board unanimously voted to adjourn the meeting at 11:35am.

Respectfully submitted,

Linda J. Rush Administrative Assistant