

Sustainability Is About Lifestyle Choices

By THE BOURNE RECYCLING COMMITTEE

Leading a sustainable lifestyle means adopting a value system that guides us to make choices which do not damage the environment nor use up resources in a way that cannot be replenished. The first step is to understand the hidden costs, resources used, and the environmental and health impacts of lifestyle choices. The cumulative effect of our informed choices will begin to influence the consumer products being marketed, the businesses that will succeed, and our political priorities.

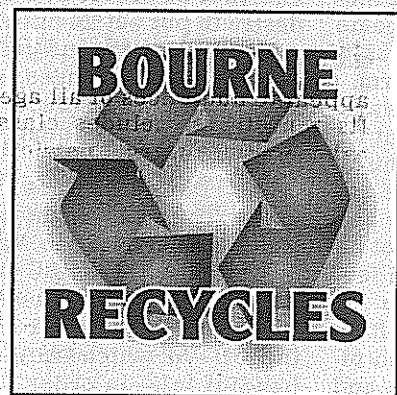
Some goals are:

- Increasing recycling and min-

imizing solid waste disposal

- Cut down on fossil fuel consumption—buy a hybrid or other low gas consumption car
- Buy locally produced food and other items, thereby saving the embedded cost of transportation
- Select items with less packaging
- Buy green rather than toxic products
- Resist the cultural premium placed on bigger, newer, more

By educating ourselves and buying responsibly, we can make a difference.



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