Think Twice About
SHARPS DISPOSAL
A Guide to Safe Disposal of Household Syringes and Lancets

For More Information About Safe Sharps Disposal...

- Contact your town recycling center, Health Department, or Fire Department in your town
- Contact the Cape Cod Cooperative Extension at (508) 375-6699
- Visit www.capecodextension.org

Do not dispose of loose needles. Ask for a sharps container at a drop-off location.
Sharps container sizes available:
1 quart
2 gallon
5 quart

DROP OFF LOCATIONS
You will receive a new disposal container at the drop off site.

Mashpee Department of Public Works
350 Meetinghouse Road
7:30am-3:30pm Mon-Fri (508) 539-1420

Orleans Fire Department
58 Eldredge Park Way
8am-4pm Mon-Fri (508) 255-0050

Provincetown Fire Department
25 Shank Painter Road
24 hours daily (508) 487-7023

Provincetown Transfer Station
90 Race Point Road
Oct-April Tues-Sat 7am-2pm
May-Oct Mon-Sun 7am-2pm (508) 487-7076

Sandwich Fire Department
115 Route 6A
8am-4pm Mon-Fri (508) 888-0525

Truro Transfer Station
Truro Dump Road, off Route 6
7:30am-3:30pm daily (508) 349-6339

Wellfleet Fire Department
35 Lawrence Road
24 hours daily (508) 349-3757

Yarmouth Disposal Area
606 Forest Road, W. Yarmouth
7:30am-3:30pm daily 508-760-4804

Yarmouth Fire Station
96 Old South Main St., South Yarmouth
8:00am-4:00pm daily (508) 398-2212
Managing your health care at home can be a complicated process, especially when it comes to disposing of home health care supplies like syringes and lancets. These syringes and lancets are called Household Sharps.

**WHO USES SHARPS ON CAPE COD?**

Many residents, ranging from children to seniors, manage their health care at home. Some specific groups of people using household sharps include...

- Diabetes Patients
- Rheumatoid Arthritis Patients
- Hemophiliacs
- Pet Owners
- Farmers

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**How to Store Sharps BETWEEN DROP OFFS**

- Deposit used syringes and lancets into an approved sharps container.
- Label your container, “Contains Sharps” and immediately put used sharps into the container.
- Close your container between uses.
- Bring a portable sharps container when travelling.
- Store your container in a safe place away from children and pets.

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**DO NOT...**

- ...flush sharps down the toilet!
- ...drop sharps into storm drains!
- ...clip, bend, or recap sharps!

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**DROP OFF LOCATIONS**

You will receive a new disposal container at the drop off site. Please use this container as it’s container as state regulations prohibit disposal of sharps in household containers.

- **Barnstable**
  - C-O-M-M Fire Headquarters
  - 1875 Falmouth Road, Centerville
  - 9am-3pm Mon-Fri
  - (508) 790-2375

- **Cotuit Fire Department**
  - 64 High Street
  - 8:30am-4:30pm daily
  - (508) 428-2210

- **West Barnstable Fire Department**
  - 2160 Meetinghouse Way
  - 24 hours daily
  - (508) 362-3241

- **Bourne Fire/Rescue**
  - 51 Meetinghouse Lane, Sagamore
  - 8:30am-4pm daily
  - (508) 759-0600 x1516

- **Brewster Fire Department**
  - 1657 Main Street
  - 8am-4pm Mon-Fri
  - (508) 896-7018

- **Chatham Fire and Rescue**
  - 135 Depot Road
  - 8am-6pm daily
  - (508) 945-2324

- **Dennis Health Department**
  - 685 Route 134, South Dennis
  - 8:30-4:30 Mon-Fri
  - (508) 760-6158

- **Eastham Fire Department**
  - 2520 State Highway
  - 8am-4pm Mon-Fri
  - (508) 255-2324

- **Falmouth Fire Rescue**
  - 399 Main Street
  - 24hr Kiosk
  - (508) 495-2511

- **Harwich Transfer Station**
  - 209 Queen Anne Road
  - 8am-4pm daily
  - (508) 430-7558